

FOR IMMEDIATE RELEASE

Thursday 15th April 2021

**FEMALE SURVIVOR OF 6 BRAIN OPERATIONS
WRITES & PUBLISHES NEW BOOK WITH A DIFFERENCE!
'Operation Six: Matters of the Head and Heart'**

Shana Dawn Lewis (aka The Sassy Saint) is a mother of two and a survivor of six brain operations... The last one was on July 25th 2020, during the Coronavirus/Covid-19 pandemic!

She is pleased to announce the launch of her brand-new book 'Operation Six: Matters Of The Head Of Heart!' Published via her own 'The Sassy Saint Publishing House'.

It is her first time in the arena of self-publishing, nevertheless, even as a first-time author, she is excited to share her incredible story... And that story is one of triumph over adversity.

Shana lives with a condition called Hydrocephalus (a build-up of fluid on the brain) and another called Chiari Malformation type1 - Where the base of her brain protrudes into the top part of her spinal passage.

As a result, she has two mechanisms called shunts, one on either side of her brain, which pumps fluid from her head daily, keeping her alive. Both conditions left her having to learn how to walk, talk and use her hands again properly.

However, rather than wallow in self-pity, she decided to write about her experiences, but in a fun, humorous and uplifting way.

(Wait until you read about Mr Fine!)

She still lives in pain daily, in addition to other health issues which try and disrupt her day-to-day living... Despite all of this, Shana does not and will not allow these conditions to hinder her in any way, as she embraces life to the full, continually setting her sight on achieving her multiple goals.

Shana is also a business owner, a qualified chef with over 30 years of experience, (working alongside the likes of Marco Pierre White, Keith Floyd and Brian Turner), a professional cake baker/creator of bespoke celebration cakes... Notably being commissioned by Sinitta to make Simon Cowell's 60th birthday cake in 2019!

Raised in a West Indian household and based in Hackney East London, it is an area where she spent much of her childhood, which has had a great influence on her while growing up. It helped to shape, encourage, and nurture a streetwise mindset, which is why she is also known as "The Sassy Saint"... Combining a robust attitude to life and her faith in God.

Shana says, "When entering 2020, I had no idea that I would be having my sixth brain operation, the world would be hit by a pandemic, and my Christian morals would be tested... What did I do? I wrote about it!"

Although the book is not exclusively for Christians, she does believe her faith in Christ Jesus is the underpinning, driving force, behind all she has overcome and feels honoured that God would use her to tell this amazing and at times jaw-dropping story, in her own unique way...

Her aim is to inspire, encourage and give hope to believers AND unbelievers alike!

- Ends -

For more information about this inspirational woman visit www.ShanaDawnLewis.com

Released by: ShanaDawnLewis.com

Enquiries: media@shanadawnlewis.com